



ASAM REVIEW COURSE 2026

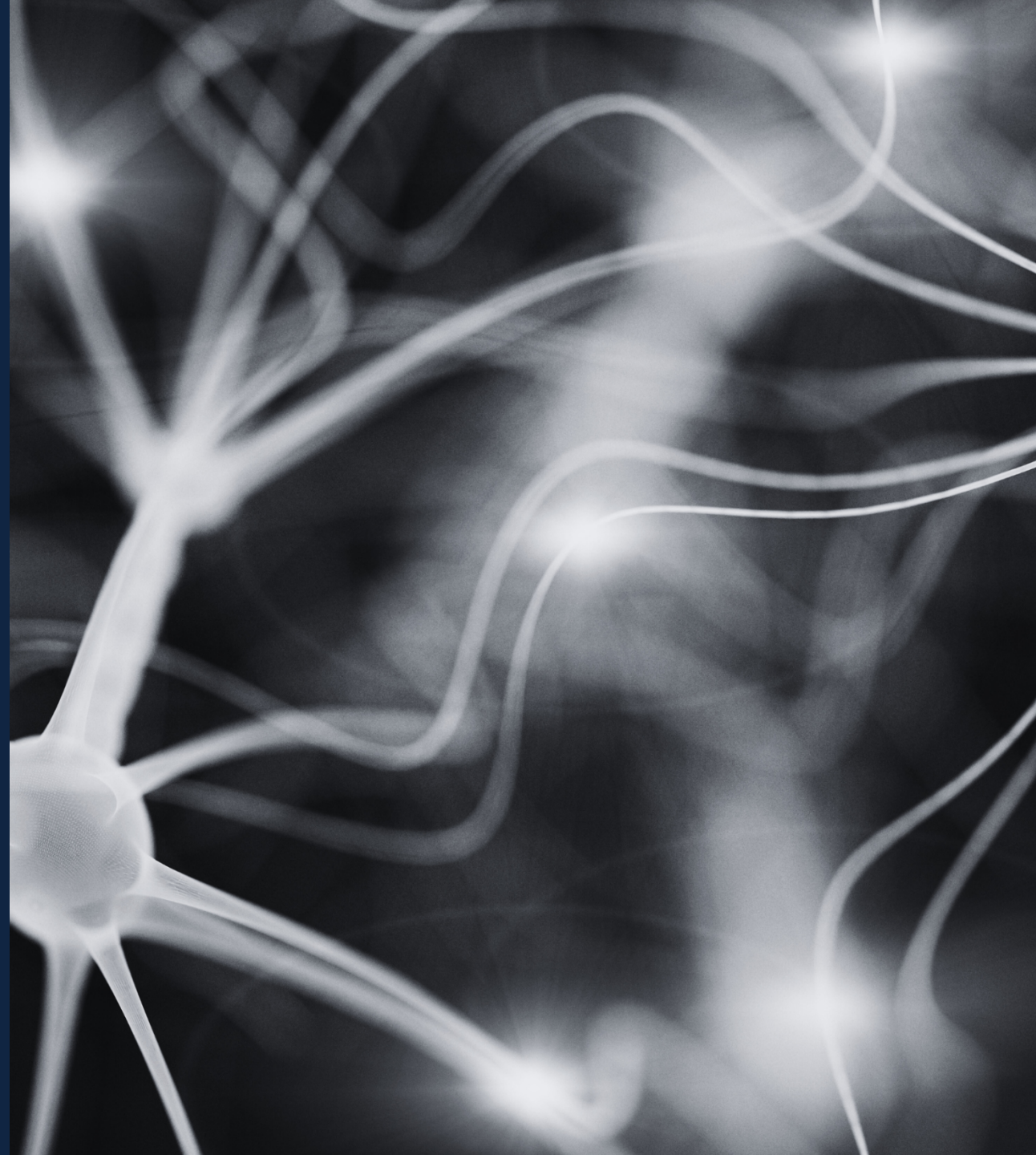
Epidemiology: Core Concepts and Applications

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Assistant Clinical Professor—Volunteer, UCSF Dept. of Psychiatry and Behavioral Sciences, UCSF Weill Institute for Neurosciences





Disclosures

Jeffrey J. DeVido, MD, MTS

Equity shareholder: Altria/Philip Morris/Merck

The opinions expressed in this talk are mine and they do not represent the opinions of my employing institutions or those with whom I am professionally affiliated.

I will not be talking about off or on label medications for the treatment of any condition.

This talk was prepared without the assistance of AI.

Learning Objectives

Review the dimensions of epidemiology covered in the ABPM exam: 1) basic trends, and 2) epidemiologic concepts.

Establish different approaches for (re)learning epidemiology as necessary for ongoing professional acumen as well as (unfortunately) those things needed to regurgitate on an exam.

Demonstrate epidemiologic concepts in action through 2 different common addiction epidemiological questions.

Guide participants towards resources for ongoing review of epidemiologic data

Presentation Outline

- Consider ways of thinking about and learning about epidemiology
- Cheat sheets vs. enduring learning patterns
- Highlight some important epidemiological trends AND how to find them yourselves...
- Follow two common questions in addiction medicine as a springboard for reviewing key concepts in epidemiology

Two Ways to Think about Epidemiology

- What do I need to know for the test?
- What might I need to know professionally?

The ABPM Exam and Epi

Core Content Areas

25%	01 – Definitions
	02 – Genetics
	03 – Pharmacokinetic and pharmacodynamic principles
	04 – Pharmacology
	05 – Pathophysiology of addiction
20%	06 – Epidemiological concepts
	07 – Epidemiological trends of substance use disorders
	08 – Prevention
40%	09 – Screening, assessment, and brief intervention
	10 – Overview of addiction treatment
	11 – Management of inpatient and outpatient intoxication and withdrawal
	12 – Pharmacologic interventions for addictions
	13 – Behavioral interventions
	14 – Co-occurring and medical disorders among patients with alcohol and other drug use and addiction
	15 – Co-occurring psychiatric disorders among patients with alcohol and other drug use and addiction
	16 – Pain and addiction
15%	17 – Ethical, legal, and liability issues in addiction practice

Addiction	Target Percentage
01 – Alcohol	15-20%
02 – Sedatives	7-10%
03 – Stimulants	7-10%
04 – Opioids	10-15%
05 – Cannabinoids	7-10%
06 – Nicotine	15-20%
07 – Hallucinogens	0.5-3%
08 – Dissociatives	0.5-3%
09 – Inhalants	0.5-3%
10 – Anabolic steroids	0.5-3%
11 – Other substances	1-3%
12 – Nonsubstance addiction	1-3%
13 – General / All substances combined	1-5%

For the Test Strategy:

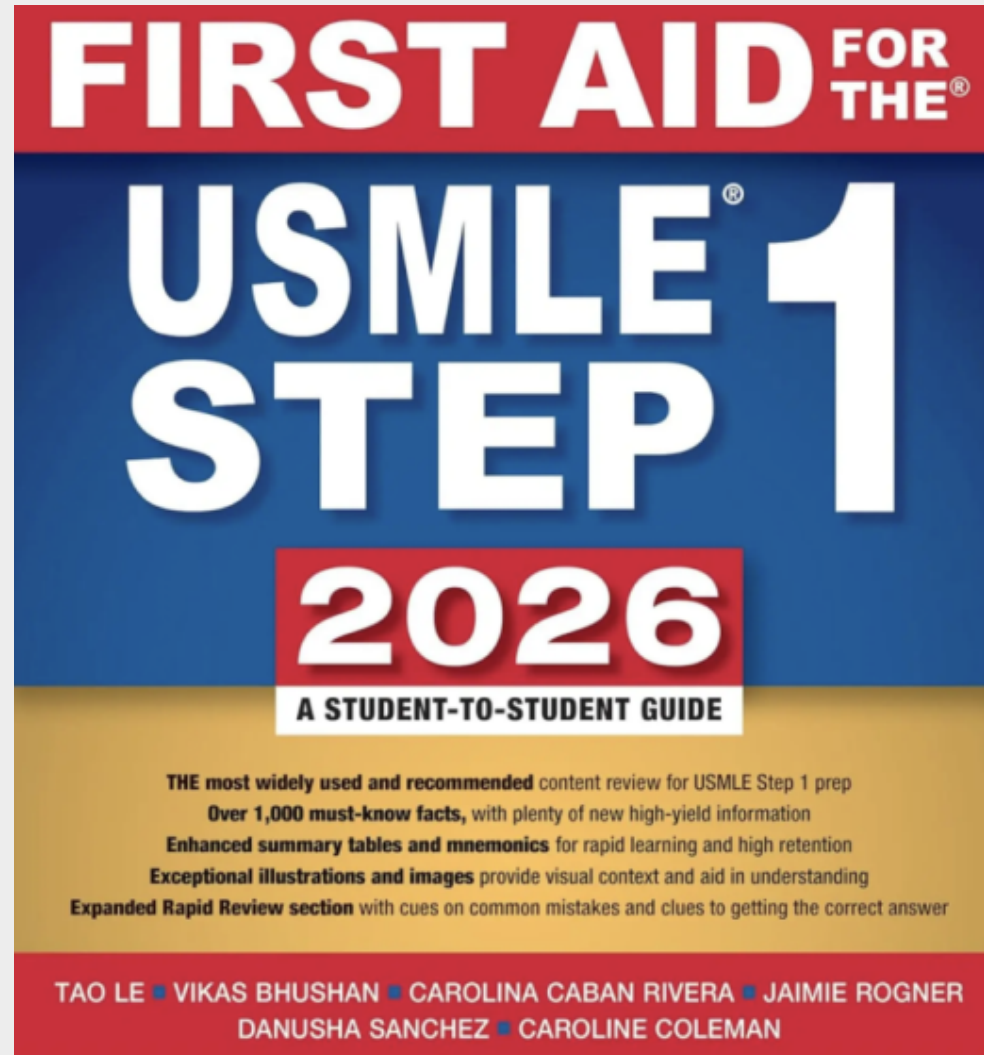
Some assumptions:

- All of you have had some rudimentary epidemiology/biostatistics
- Most of you have seen these concepts multiple times
- For the most part, you don't use these concepts as much as they come up on tests
- You scribble some notes on a cheat sheet to remind yourself as you're studying
- When you've been taught these concepts before, it has been shoveled to you in large amounts in short lectures

For the Test Strategy:



<http://www.bishopmikelowry.com/wp-content/uploads/2013/03/drinking-from-the-firehose.jpg>



https://www.amazon.com/First-USMLE-Step-2021-Thirty/dp/126046752X/ref=asc_df_126046752X/?tag=hyprod-20&linkCode=df0&hvadid=459537678676&hvpos=&hvnetw=g&hvrnd=12792418851990343229&hvpone=&hvptwo=&hvqm t=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9032089&hvtargid=pla-1113406220592&psc=1

So...

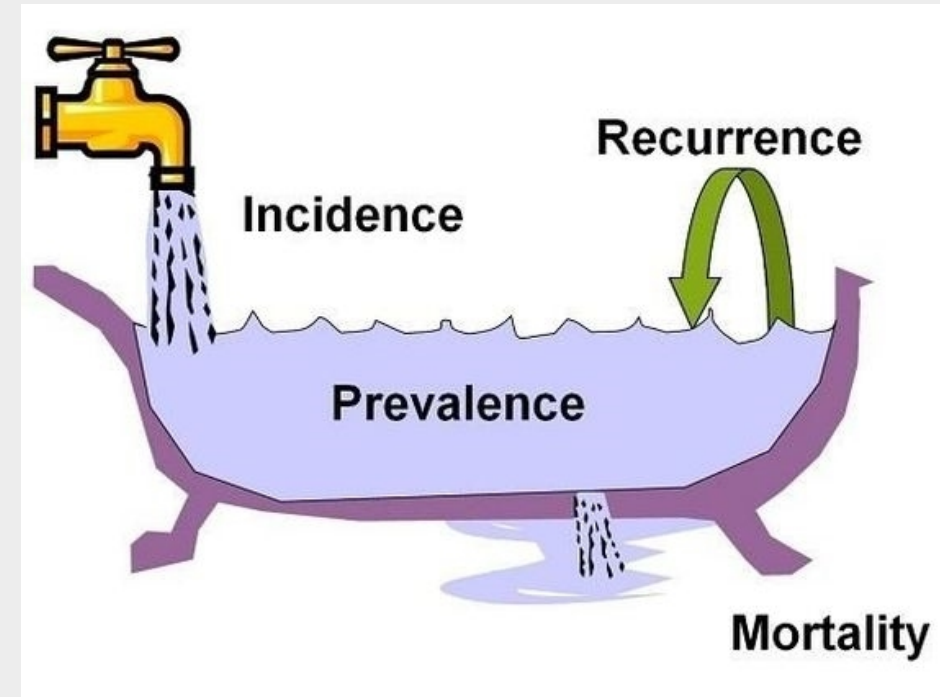


Let's Do A Quick Matching Exercise:

- Incidence
 - Prevalence
- 
- #of existing cases/Total #of people (at a point in time)
 - Rate: #new cases/#people at risk (during a specified time period)

Incidence:

- Represents the RISK of a disease: new cases coming into a population in time
- Have to see people longitudinally (in time) so these data are harder to find for SUDs—**PROSPECTIVE** studies
 - Example: follow-ups on Epidemiologic Catchment Area study (1980s)
 - Highest incidence in youngest population (18-29 y/o)

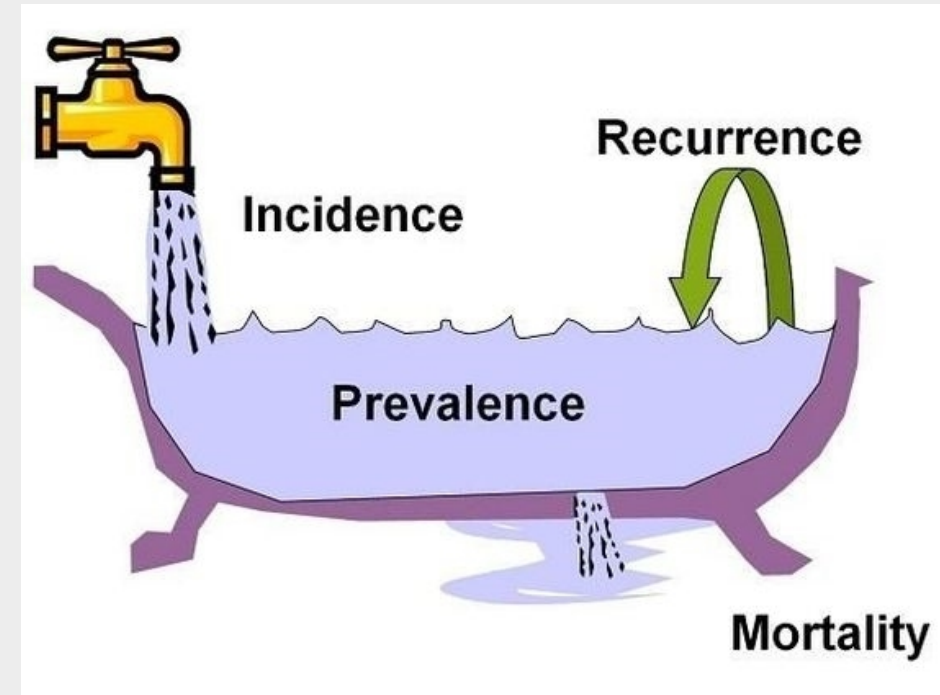


Let's Start with A Quick Matching Exercise:

- Incidence
 - Prevalence
 - #of existing cases/Total #of people (at a point in time)
 - Rate: #new cases/#people at risk (during a specified time period)
- 

Prevalence:

- Represents the *public health burden* of a disease at a particular time
- CROSS SECTIONAL SURVEYS
 - Example: annual National Survey on Drug Use and Health (NSDUH)
 - Tobacco products, alcohol, illicit drugs



Let's Start With Some Useful Basics:

Primary Prevention

Interventions designed to prevent the onset or future incidence of a specific problem

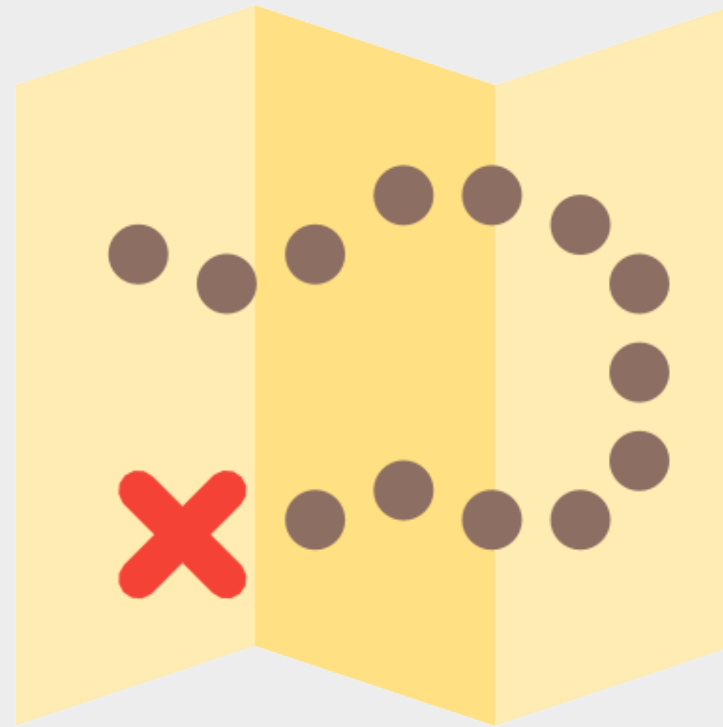
Secondary Prevention

An early intervention that decreases the prevalence of a specific problem

Tertiary Prevention

Treatment designed to improve quality of life and reduce the symptoms after a disease or disorder has developed
Does not reduce incidence or prevalence

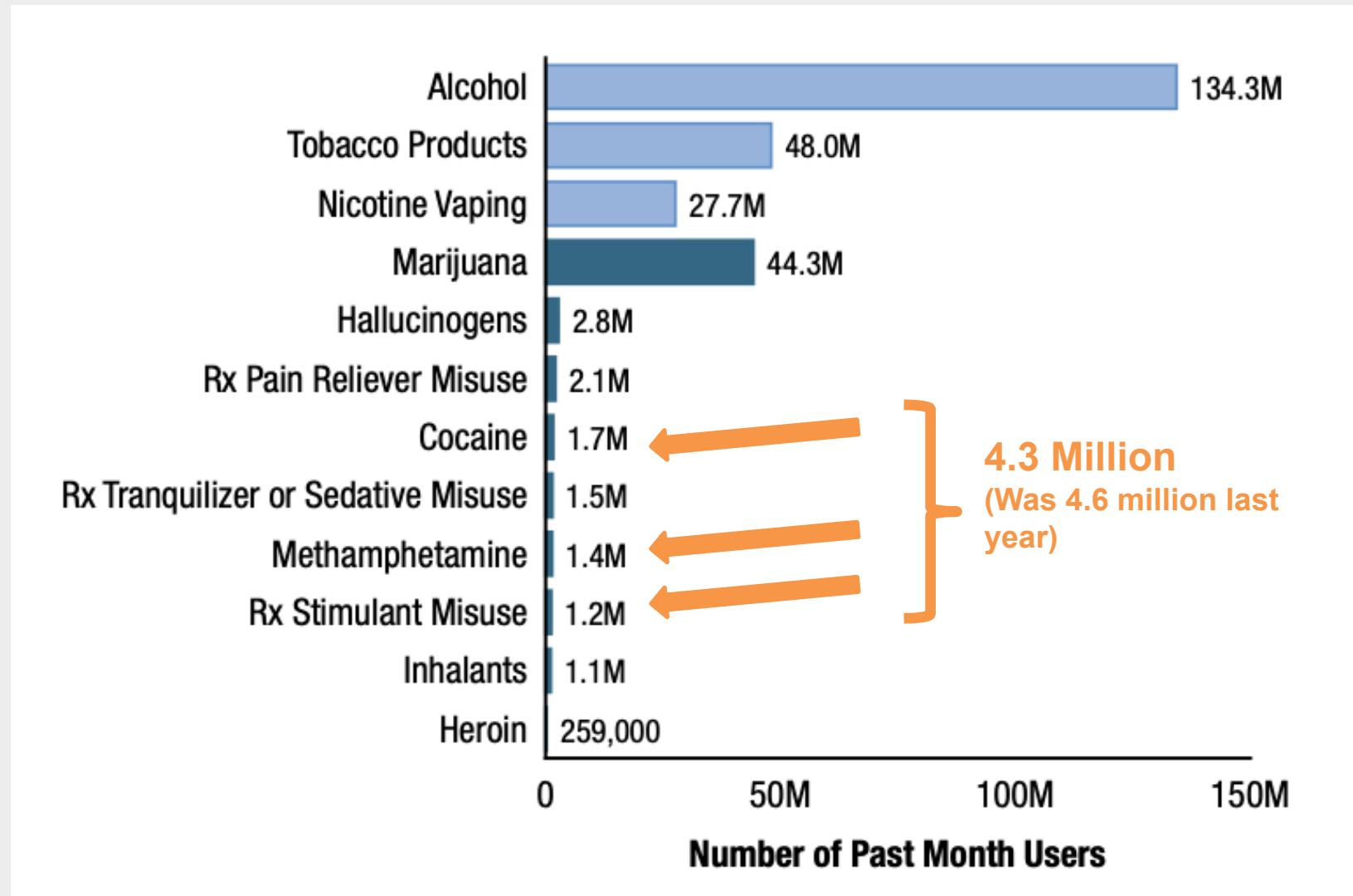
Let's take a quick tour of some prevalence data and important trends to help us put the story together:



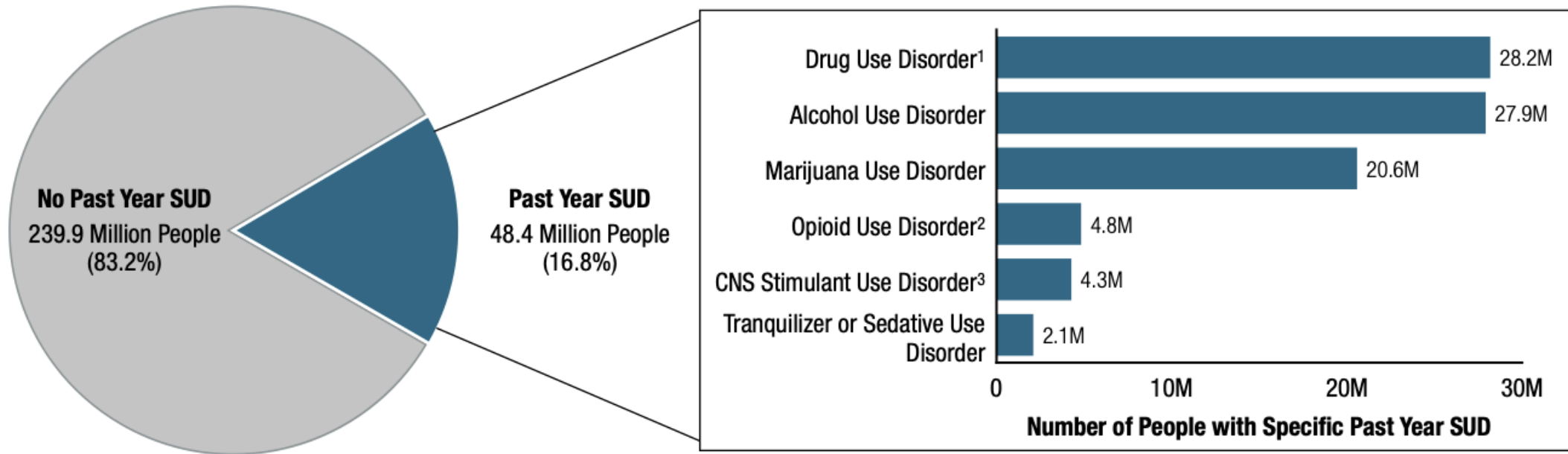
First: Big Picture



2024 NSDUH Prevalence: Past Month General Substance Use and Nicotine Vaping: Among People Aged 12 or Older; 2024



People Aged 12 or Older with a Past Year Substance Use Disorder (SUD); 2024



CNS = central nervous system.

Note: The estimated numbers of people with SUDs are not mutually exclusive because people could have use disorders for more than one substance.

¹ Includes data from all past year users of marijuana, cocaine, heroin, hallucinogens, inhalants, methamphetamine, or prescription psychotherapeutic drugs (i.e., pain relievers, tranquilizers, stimulants, or sedatives). See footnote 2 for more information about opioid use disorder.

² Includes data from all past year users of heroin or prescription opioids. Respondents were not included if they used only nonopioid pain relievers and did not use heroin in the past year.

³ Includes data from all past year users of cocaine, methamphetamine, or prescription stimulants.

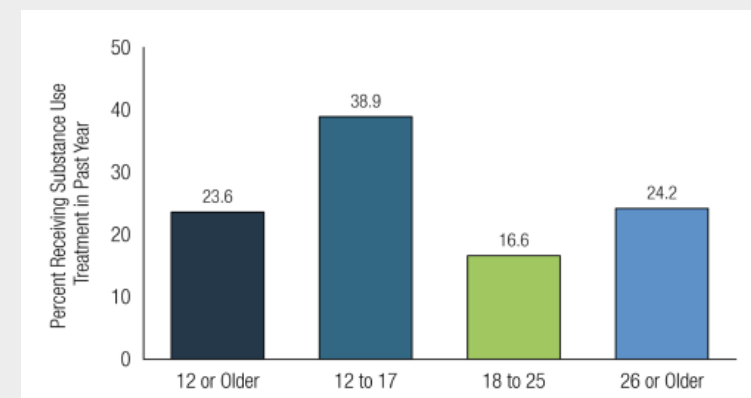
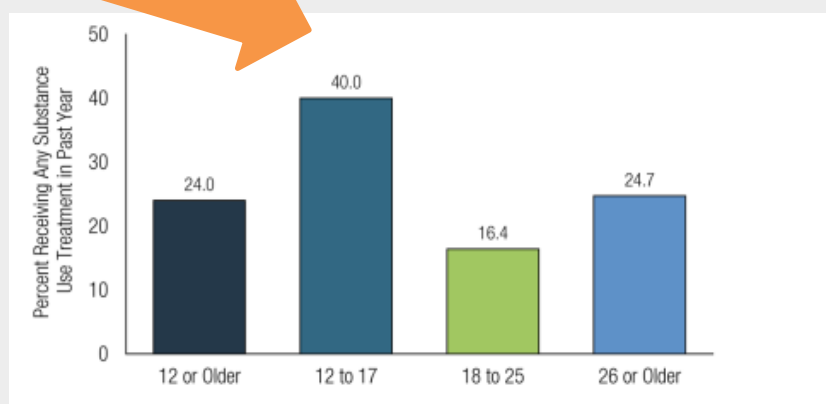
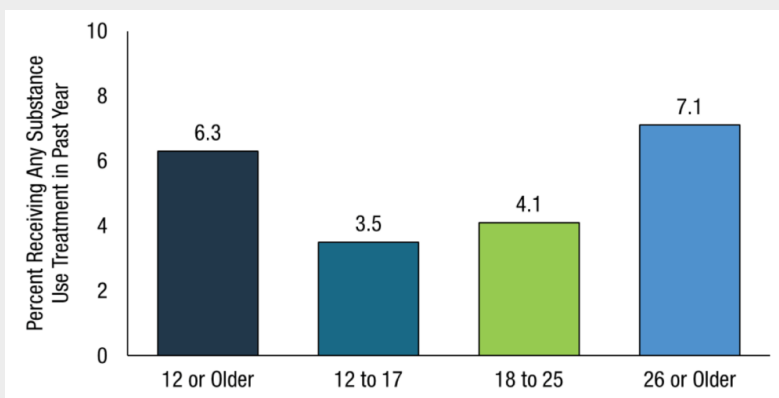
But do people get treatment?

2021

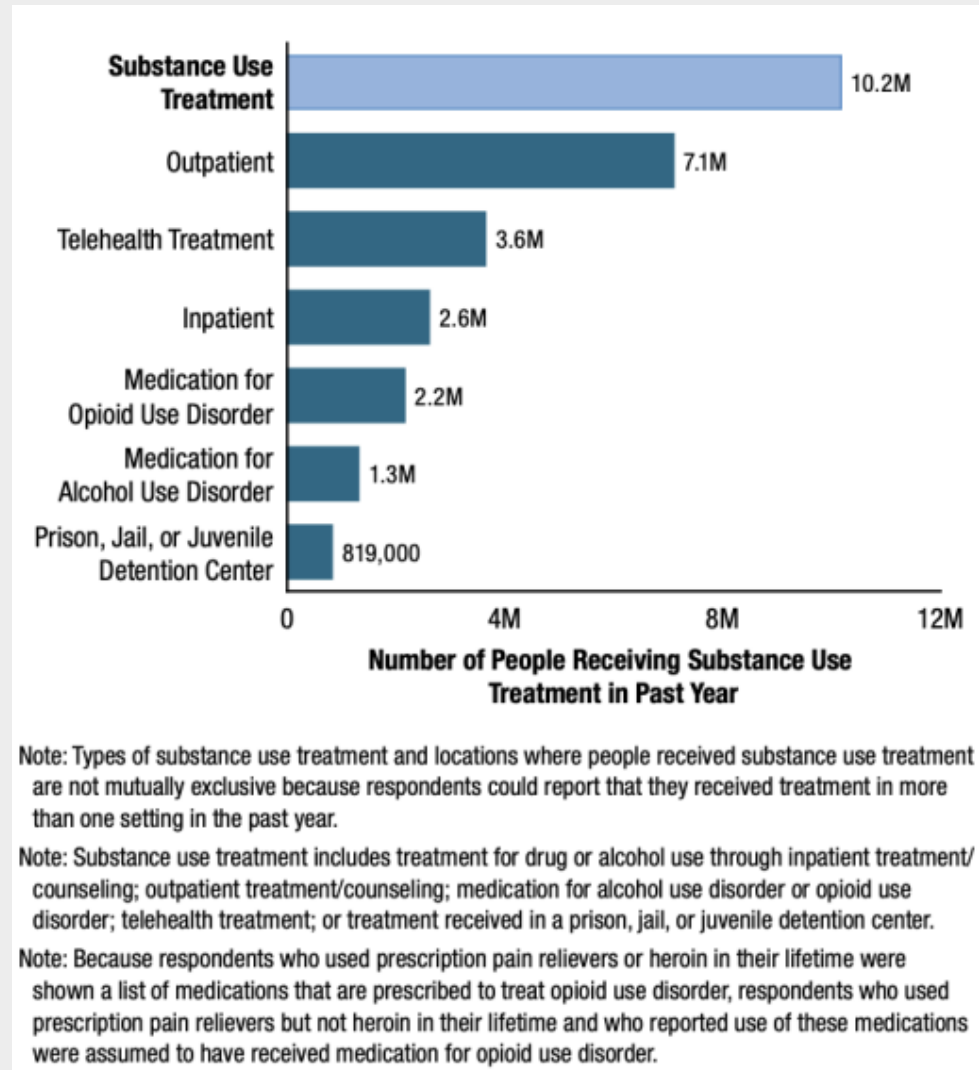
?

2022

2023

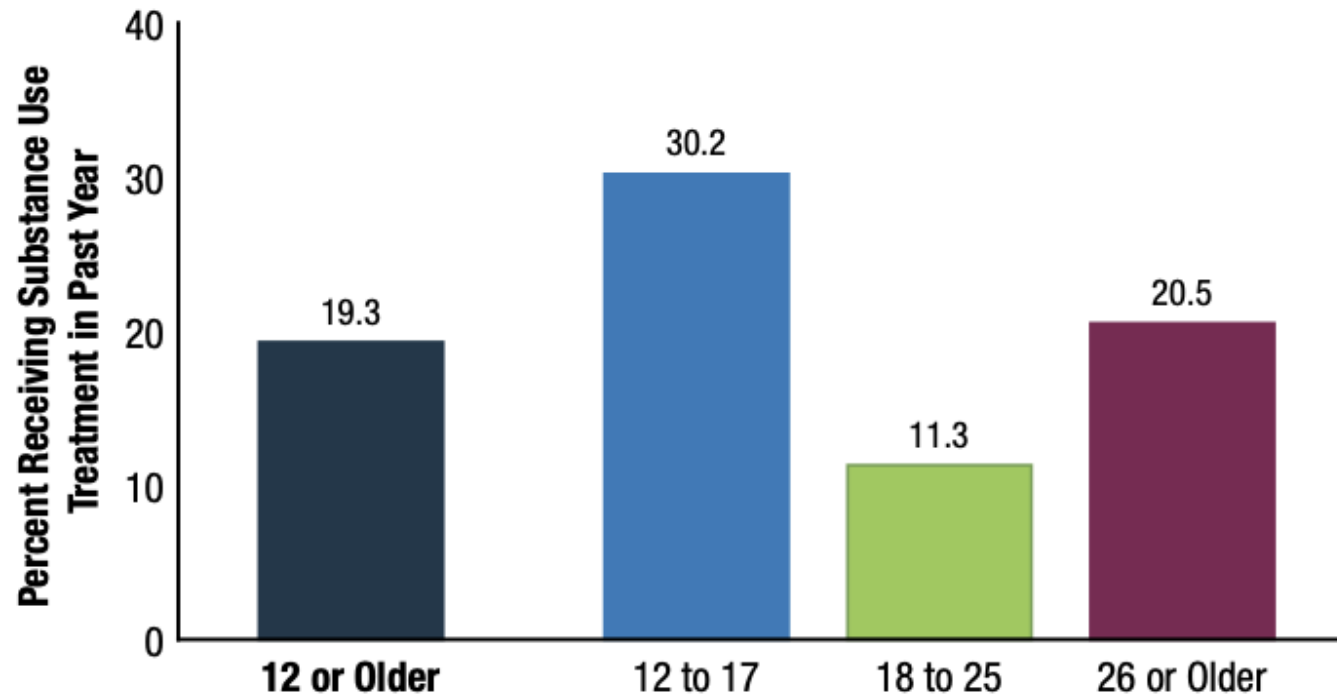


For the people who do get “treatment” where do people get it (2024)?



<https://www.samhsa.gov/data/sites/default/files/reports/rpt56287/2024-nsduh-annual-national-report.pdf>

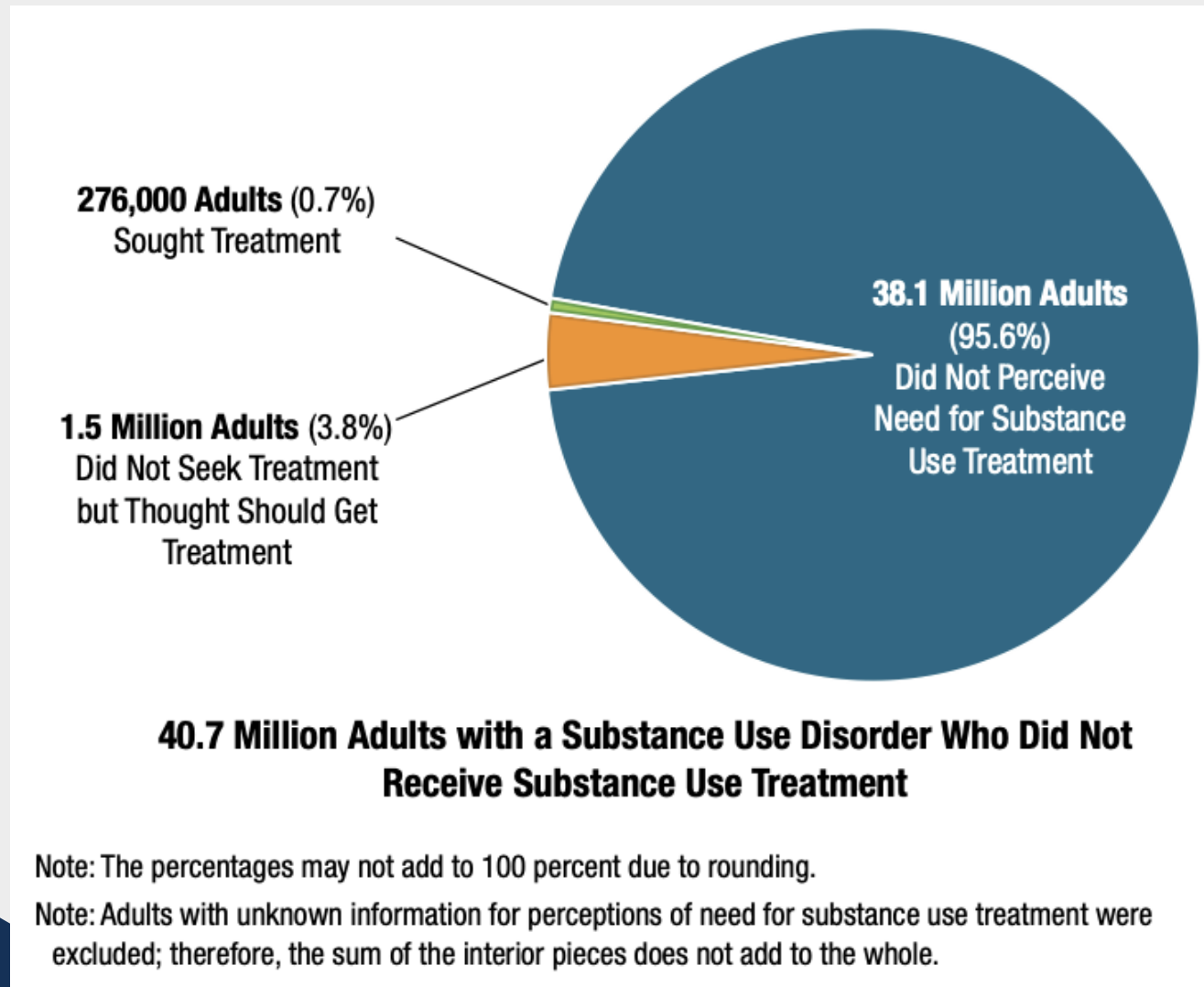
Received Substance Use Treatment in the Past Year: Among People Aged 12 or Older Who Needed Substance Use Treatment in the Past Year (2024)



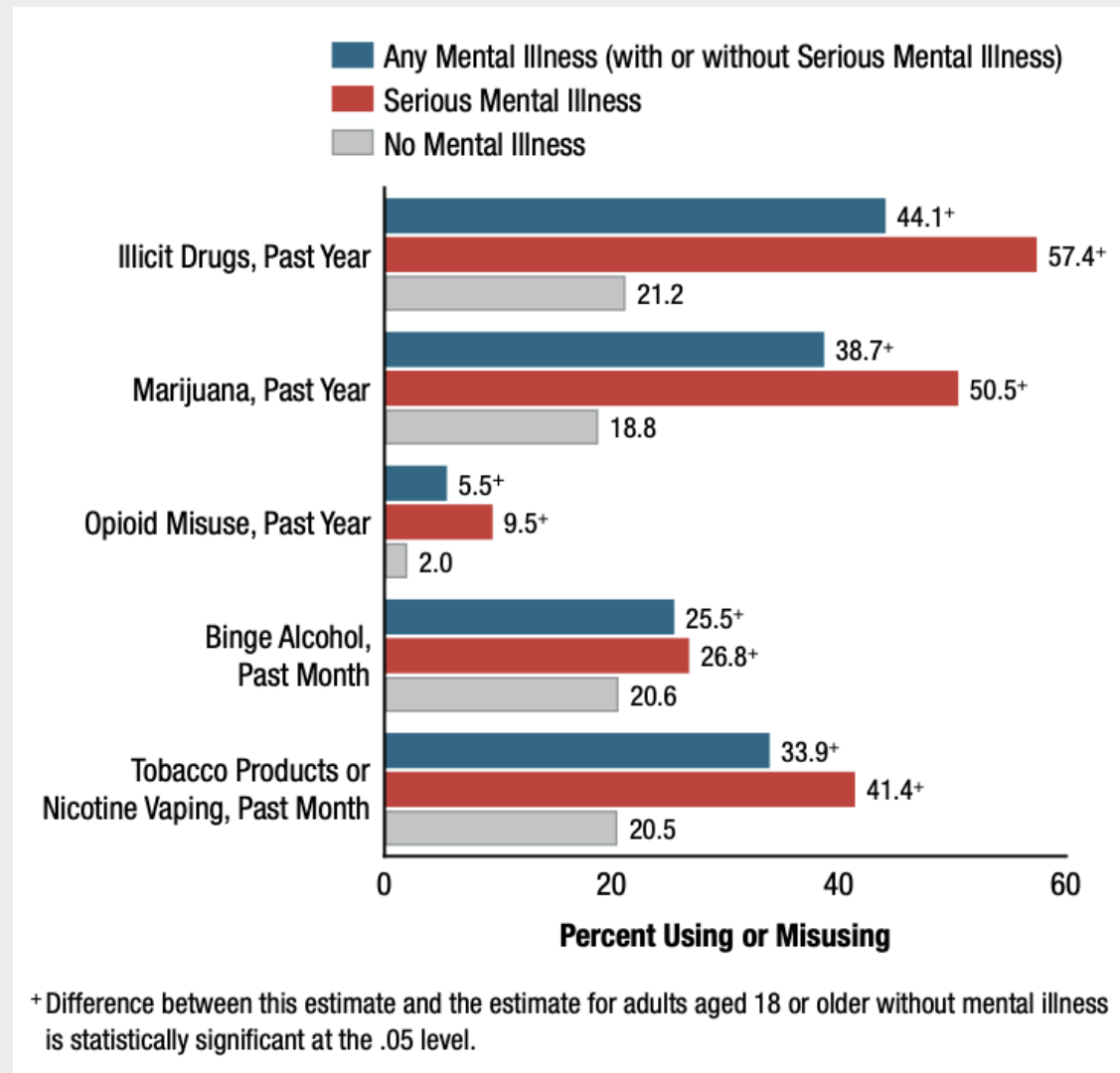
Note: Substance use treatment includes treatment for drug or alcohol use through inpatient treatment/ counseling; outpatient treatment/counseling; medication for alcohol use disorder or opioid use disorder; telehealth treatment; or treatment received in a prison, jail, or juvenile detention center.

Note: Need for Substance Use Treatment is defined as having a substance use disorder in the past year or receiving substance use treatment in the past year.

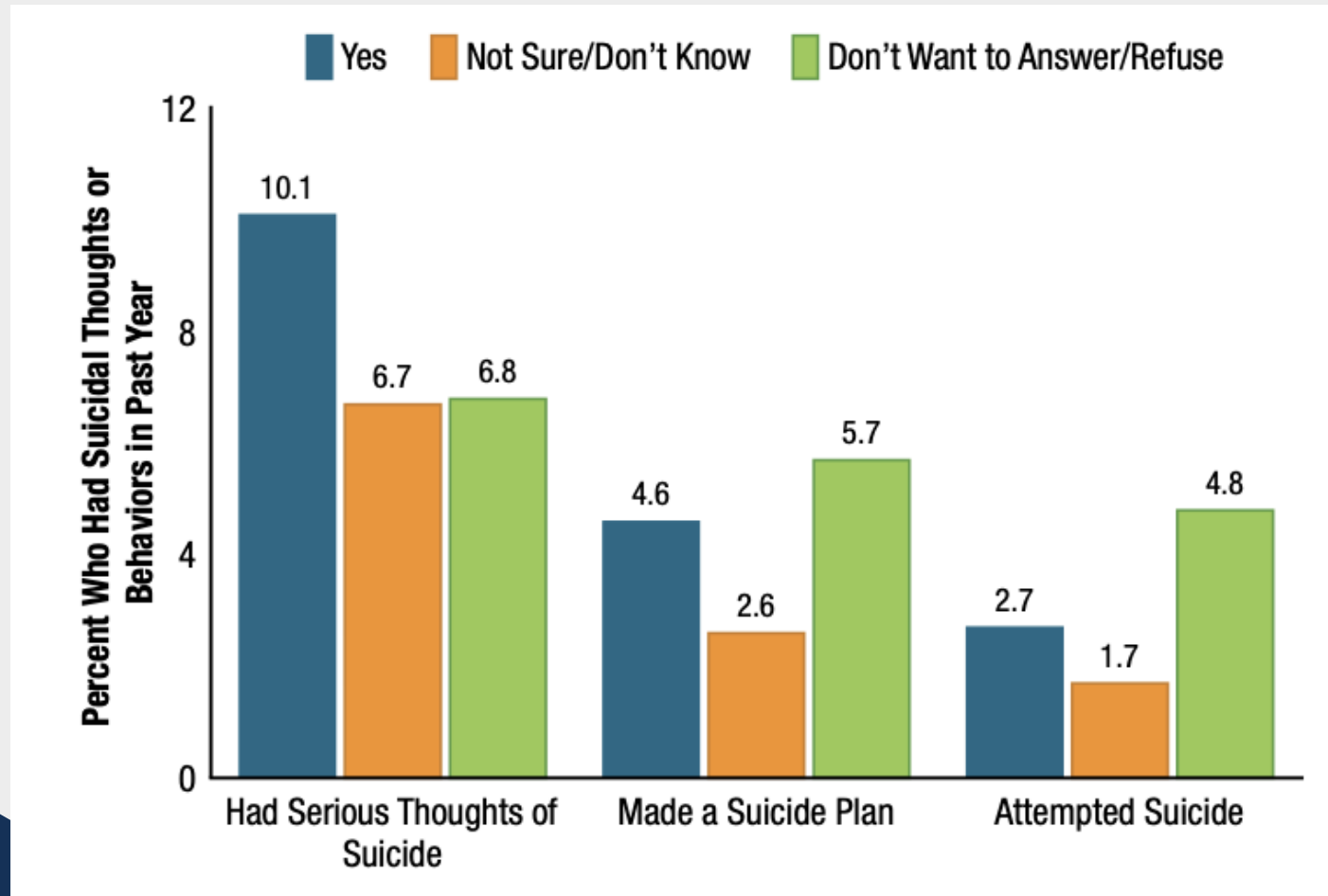
Perceived NEED for treatment (2024): 18 or older with past year SUD who did NOT receive SU treatment in past year



Past Year or Past Month Substance Use: Among Adults Aged 18 or Older; by Mental Illness Status, 2024



Had Serious Thoughts of Suicide, Made a Suicide Plan, or Attempted Suicide in the Past Year: Among Youths Aged 12 to 17; 2024



Second: Looking a little closer by substance



Past Month Tobacco/Nicotine; 12 and older, 2023

No Past Month Tobacco Product Use or Nicotine/Vaping
224.6 Million (77.9%)

Note: The estimate is for the type of tobacco product used more than one



37.8M
M
40M
s

ed more than one

<https://medicalxpress.com/news/2024-01-decline-cigarette-teens-decades.html>

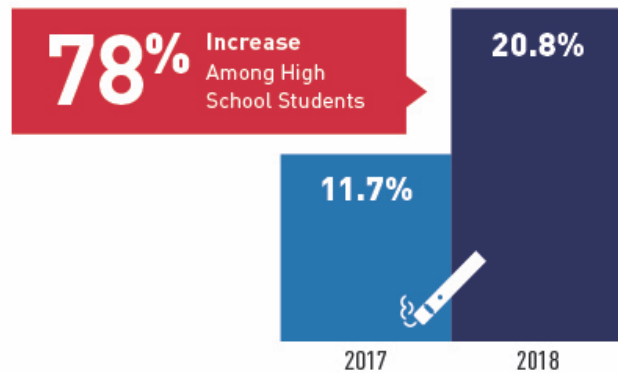
<https://www.samhsa.gov/data/sites/default/files/reports/rpt56287/2024-nsduh-annual-national-report.pdf>



E-Cigarettes

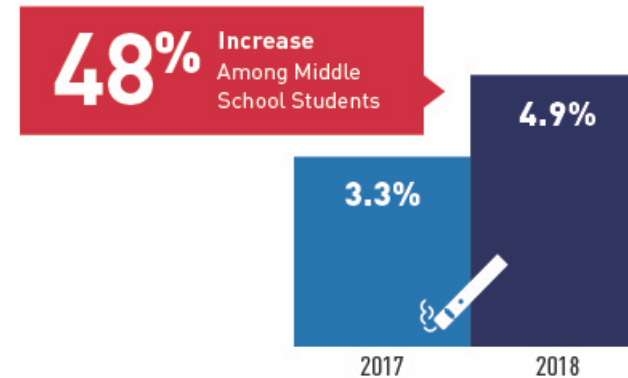
E-cigarette Use among High School Students

SURGE IN YOUTH CURRENT E-CIGARETTE USE



E-cigarette Use Among Middle School Students

SURGE IN YOUTH CURRENT E-CIGARETTE USE

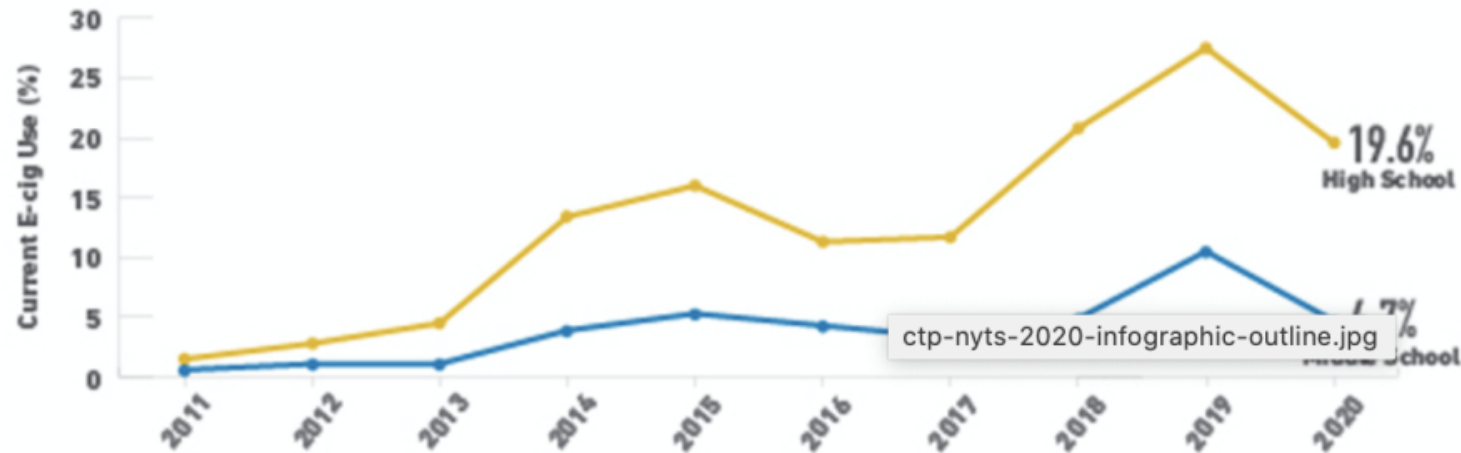


But(t):

2020 National Youth Tobacco Survey

Findings show a sharp decline
in youth e-cigarette use with
1.8 Million
fewer users
since last year

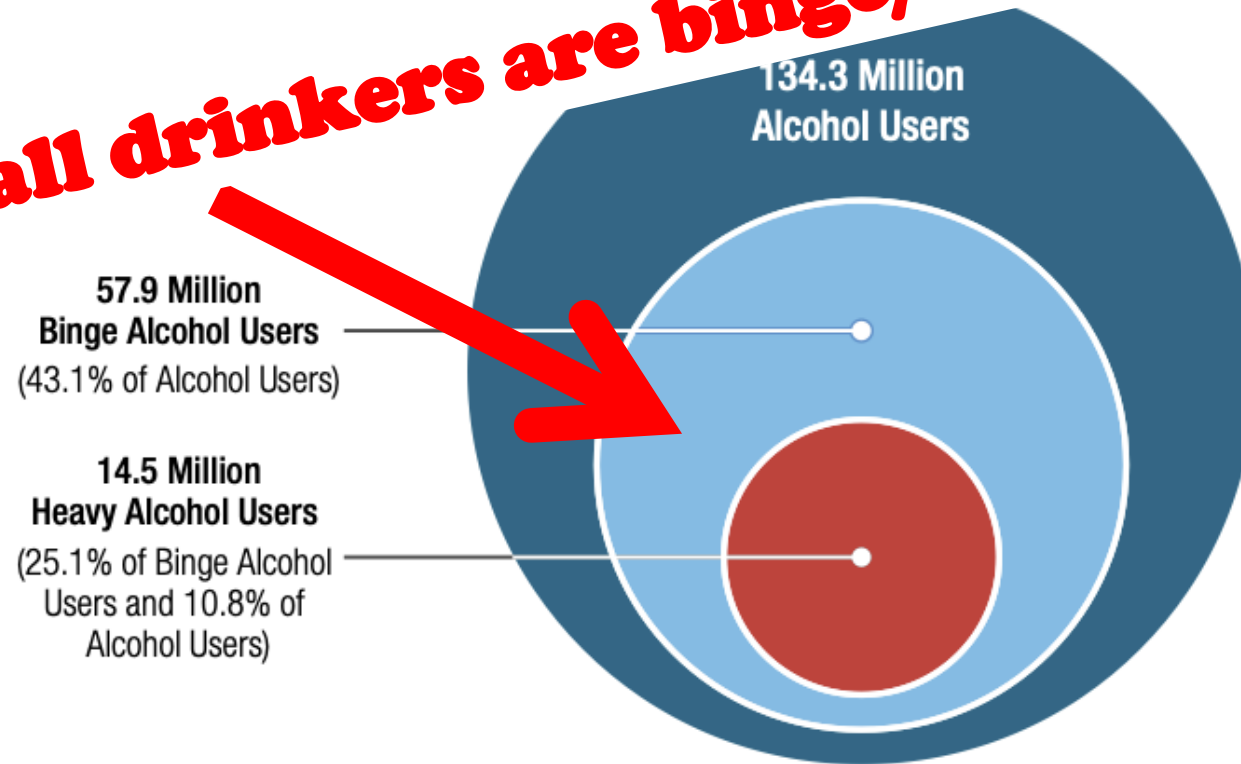
However, due to **alarming
increases** since 2011,
the number of current
youth e-cig users remains
concerningly high:
3.6 Million



<https://www.fda.gov/tobacco-products/youth-and-tobacco/youth-tobacco-use-results-national-youth-tobacco-survey>

Current, Binge, and Heavy Alcohol Use: Among People Aged 12 or Older; 2024 (past 12 months)

~Half of all drinkers are binge/heavy drinkers



Note: Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion on at least 1 day in the past 30 days. Heavy Alcohol Use is defined as binge drinking on the same occasion on 5 or more days in the past 30 days; all heavy alcohol users are also binge alcohol users.

~60% of all SUDs in US are Alcohol (may be overlap)

**Alcohol deaths increase dramatically
during pandemic, especially for younger**

**CDC: ~178,000 people die annually from excessive
alcohol use**

**Increasing 29% from 2016-2021 (27% men, 35%
women)
(2024)**

**Federal Estimates: \$249 billion annually (lost
productivity & health costs
(2024)**

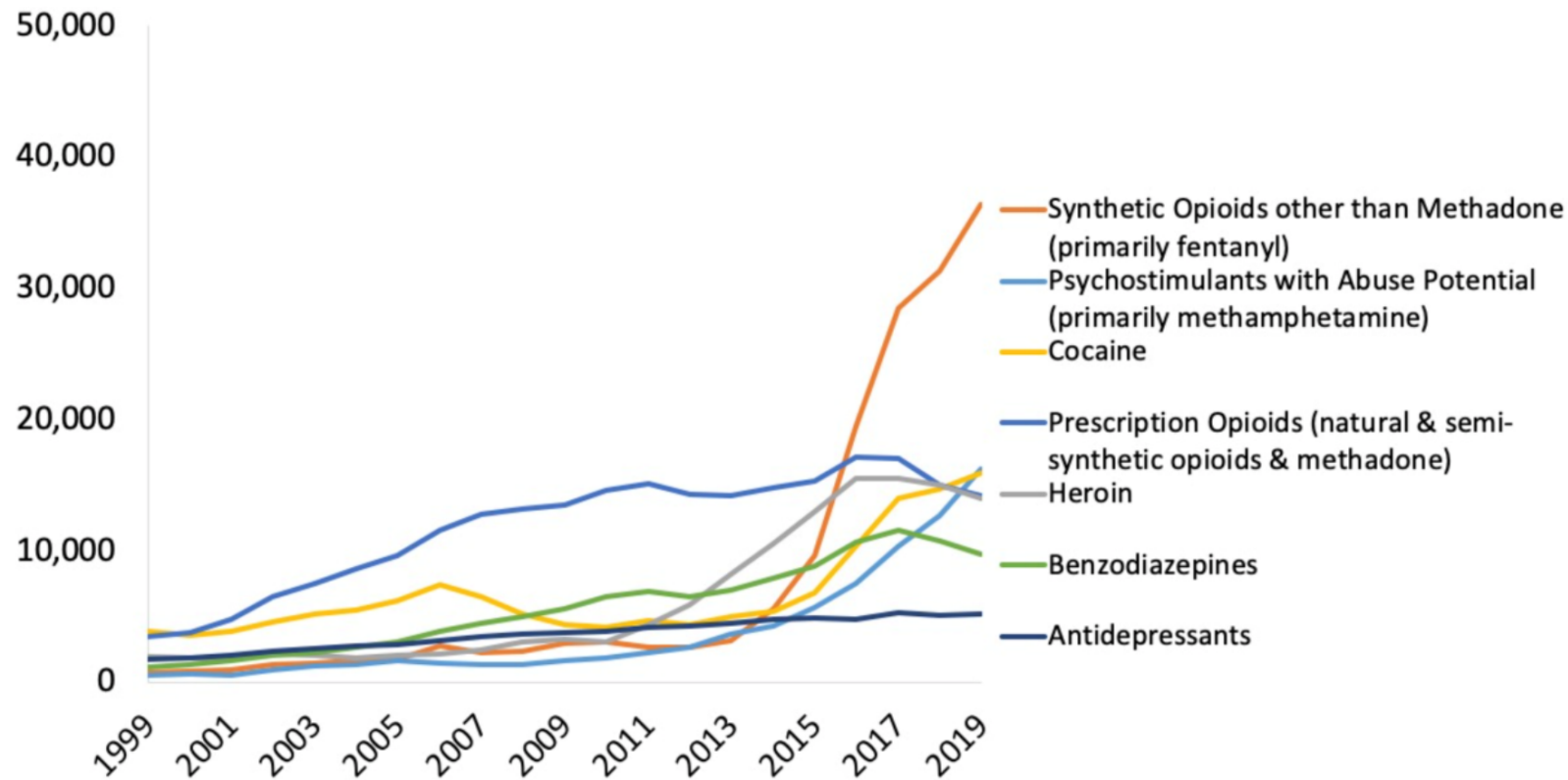


Overdose Deaths Statistics Rollercoaster



Four Waves of the Overdose Crisis...

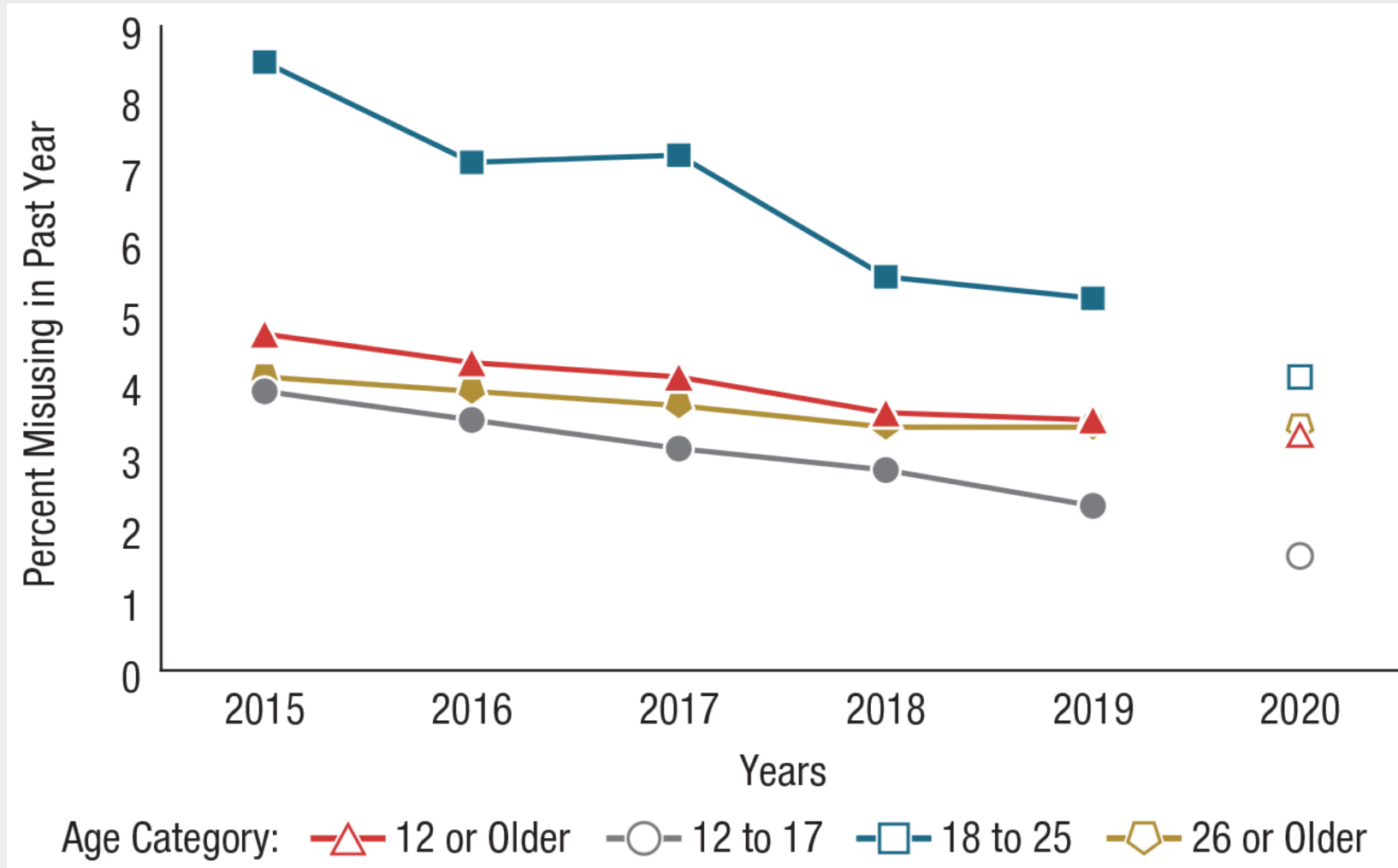
**Figure 2. National Drug-Involved Overdose Deaths*,
Number Among All Ages, 1999-2019**



*Includes deaths with underlying causes of unintentional drug poisoning (X40–X44), suicide drug poisoning (X60–X64), homicide drug poisoning (X85), or drug poisoning of undetermined intent (Y10–Y14), as coded in the International Classification of Diseases, 10th Revision. Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2019 on CDC WONDER Online Database, released 12/2020.

<https://www.drugabuse.gov/drug-topics/trends-statistics/overdose-death-rates>

Wave 2: Past Year Prescription Pain Reliever Misuse: Among People Aged 12 or Older; 2015-2020



<https://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-and-health>

Wave 3-4: HPSO...

Society

The Guardian

Number of fentanyl-filled pills seized by US law enforcement up 4,850%

A study found that more than 2m counterfeit pills were confiscated in the last quarter of 2021 alone

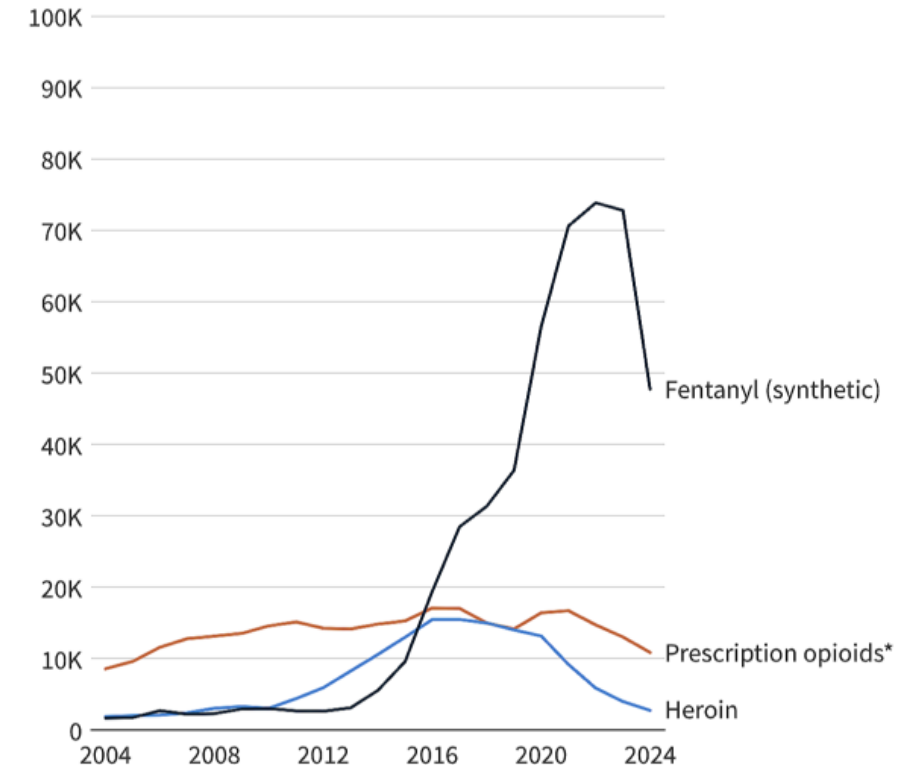
Erin McCormick

12:00 UTC Thursday, 31 March 2022



<https://www.theguardian.com/society/2022/mar/31/fentanyl-overdose-us-law-enforcement>

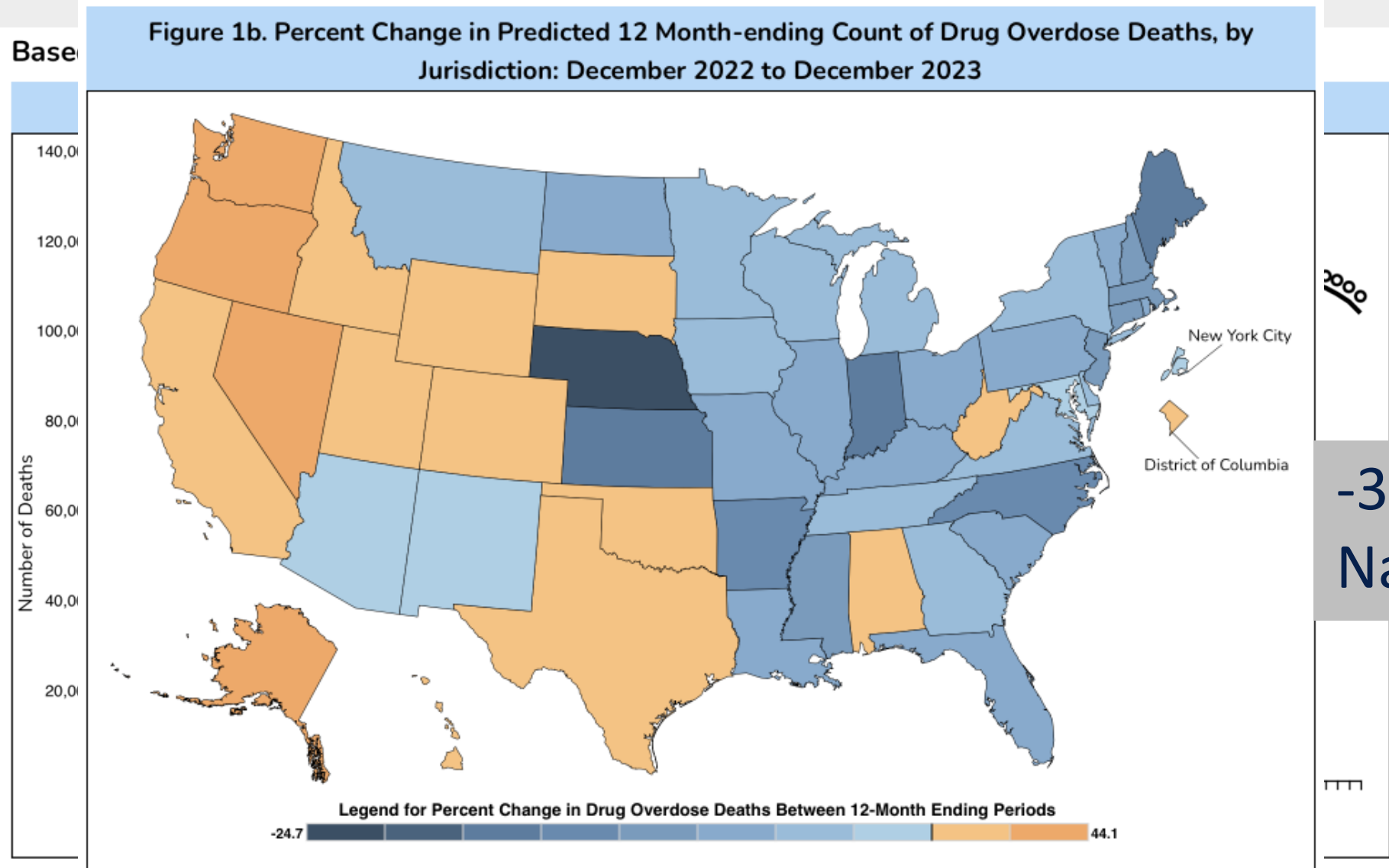
U.S. Opioid Overdose Deaths 2004-2024



<https://apple.news/ALwQLj1rIRtq6iL467t3jSw>

<https://www.drugabuse.gov/drug-topics/trends-statistics/overdose-death-rates>

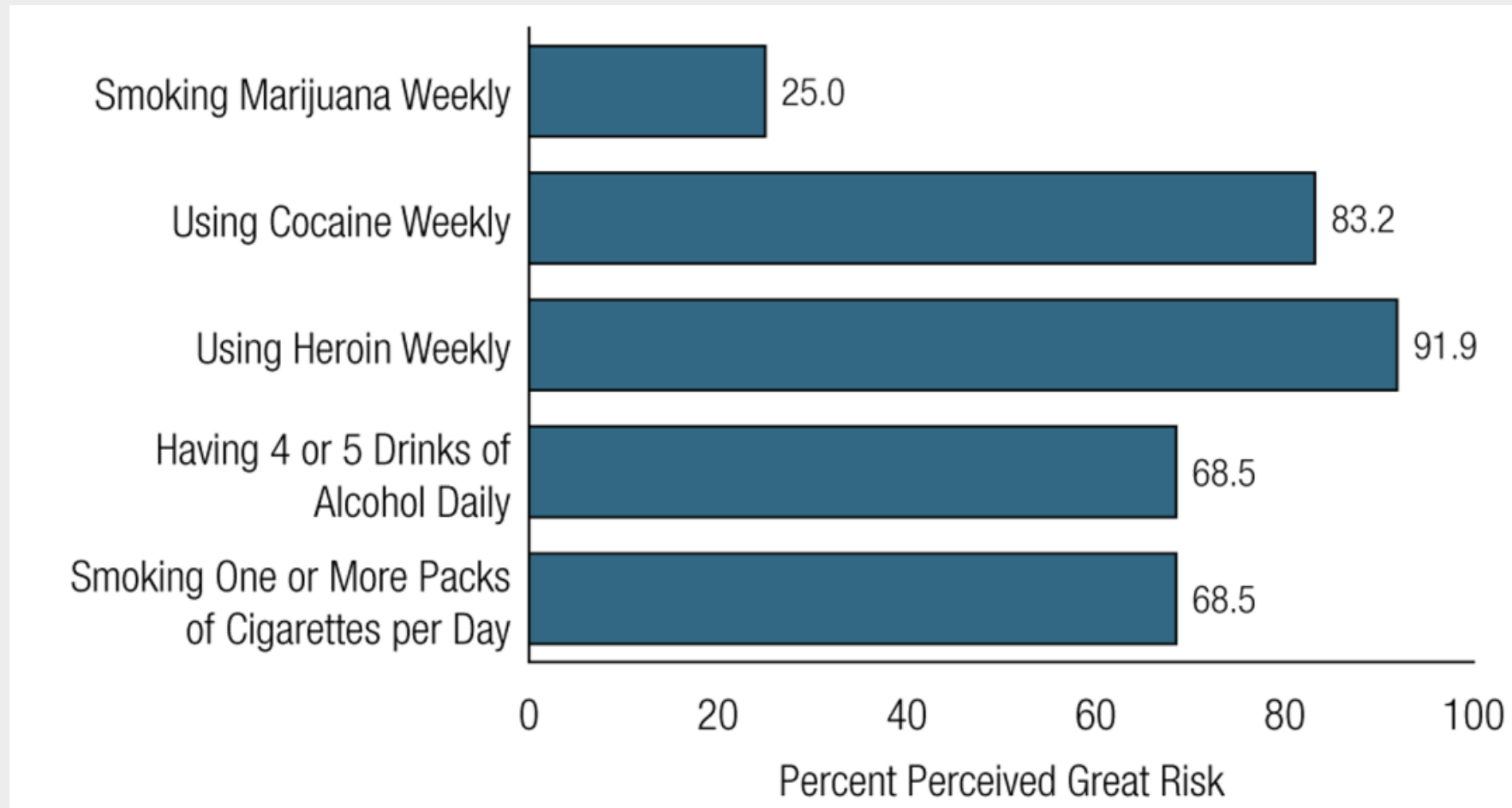
Fortunately (?)...



-3.1%
Nationwide

<https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>

Perceived Great Risk from Substance Use: Among People Aged 12 or Older; 2022



<https://www.samhsa.gov/data/release/2022-national-survey-drug-use-and-health-nsduh-releases#highlighted-pop-slides>

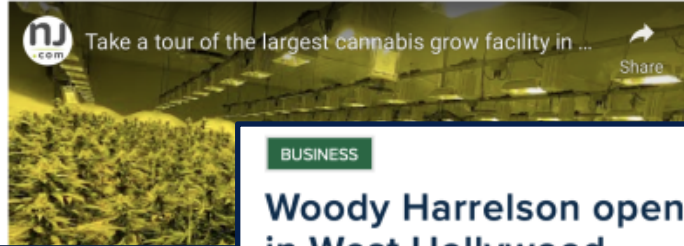
You can become a judge in High Times' "Cannabis Cup" and pick your favorite product!

by Mason Carroll | Friday, May 13th 2022



A beginner's guide to weed: How to choose the right strain for you

Updated: Apr. 15, 2022, 11:51 a.m. | Published: Apr. 15, 2022, 9:02 a.m.



Advertisement



BUSINESS

Woody Harrelson opens The Woods cannabis dispensary in West Hollywood

BY SUSAN CARPENTER | WEST HOLLYWOOD
PUBLISHED 5:00 PM PT MAY. 13, 2022

WEST HOLLYWOOD, Calif. — With a waft of marijuana swirling around him and an adoring crowd of fans, Woody Harrelson cut the ribbon on his new cannabis dispensary in West Hollywood Friday. Part retail, part lounge and 100% dedicated to selling the best marijuana grown under the California sun, The Woods opened for business Friday.

"Hopefully we've added more beauty and more good times here," Harrelson told an eclectic group that had packed onto the sidewalk on Santa Monica Blvd. moments before The Woods opened its doors. "Hopefully we can help make the West Hollywood citizens a little bit higher."

<https://www.hollywoodreporter.com/lifestyle/lifestyle-news/woody-harrelson-opens-cannabis-dispensary-the-woods-west-hollywood->

HEALTH NEWS

✓ Fact Checked



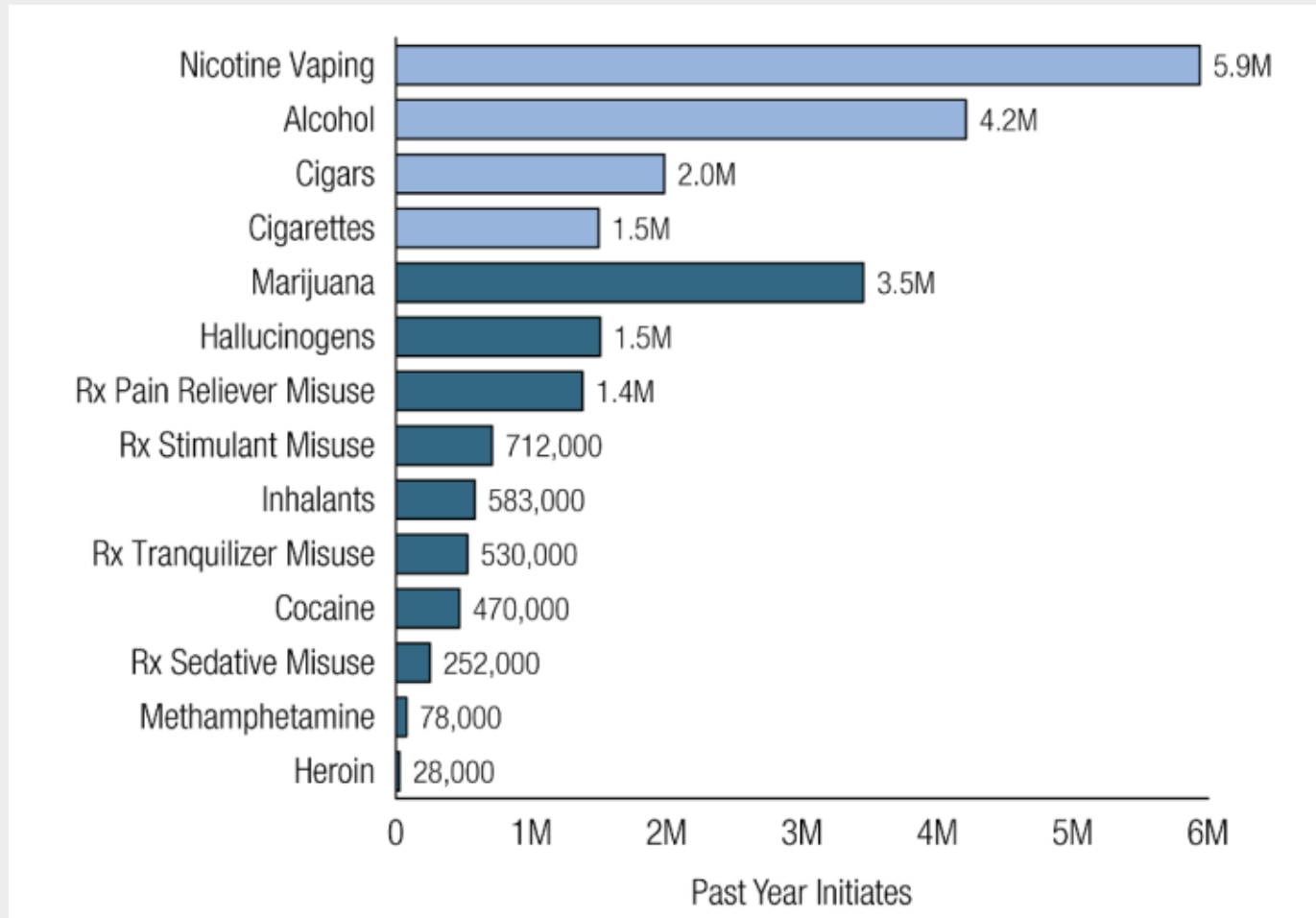
Written by Julia Ries on May 13, 2022 — Fact checked by Jennifer Chesak

FDA Warns Companies to Stop Making False Claims for THC and CBD Products

<https://www.healthline.com/health-news/fda-warns-companies-to-stop-making-false-claims-for-thc-and-cbd-products>

healthline

Past Year Initiates of Substances: Among People Aged 12 or Older; 2023



NEWS

Abuse of party drugs ecstasy and ketamine soar by more than 200% in last four years

Boffins analysed samples of waste water from England's sewers and found a 229 per cent increase in the amount of residue from ketamine between 2021 and last year.

By David Barrett Home Affairs Editor at 2:50 PM UTC on 13 April 2026

Illegal use of ketamine as a party drug has more than tripled in just four years, according to experimental scientific tests carried out for the [Home Office](#).

Past year hallucinogen use reached historically high prevalence among adults 35 to 50 years old, reported by **4% in 2022**. The prevalence reported in 2022 was also a substantial increase compared to the year before (**2% in 2021**) and five and 10 years ago (**no greater than 1%** in both 2017 and 2012).

[https://nida.nih.gov/news-events/news-releases/2023/08/marijuana-and-hallucinogen-use-binge-drinking-reached-historic-highs-among-adults-35-to-50#:~:text=Past%2Dyear%20hallucinogen%20use%20reached,in%20both%202017%20and%202012\).](https://nida.nih.gov/news-events/news-releases/2023/08/marijuana-and-hallucinogen-use-binge-drinking-reached-historic-highs-among-adults-35-to-50#:~:text=Past%2Dyear%20hallucinogen%20use%20reached,in%20both%202017%20and%202012).)

People who used 'magic mushrooms' less likely to develop opioid use disorder, study finds

ADRIANNA RODRIGUEZ | USA TODAY

Updated 2:58 pm EDT Apr. 7, 2022



A "shroom craze" may get even wilder after a new study that suggests a psychedelic drug found in some mushrooms may have protective benefits against addiction.

Harvard University researchers found opioid use disorders were 30% less likely among people who used psilocybin compared with those who never had it, [according to the study published Thursday in Scientific Reports](#).

Why Is Everyone Smoking Toad Venom?

How an illegal amphibian-venom-derived psychedelic became the loudest whisper at a dinner party near you.



BY ALEX KUCZYNSKI — JAN 20, 2022

BOXING

Mike Tyson Says He 'Died' After Smoking Psychedelic Toad Venom

ANDREW GASTELUM • NOV 17, 2021



<https://www.townandcountrymag.com/leisure/arts-and-culture/a38687510/toad-venom-bufo-illegal-psychedelic-drug/>

<https://www.si.com/boxing/2021/11/17/mike-tyson-says-he-died-smoking-psychedelic-toad-venom>

“Synthetic Soup”



Historic decline in U.S. overdose deaths threatened by changing street drug supply

Drug overdose deaths are plummeting in the U.S. in ways never seen before. Experts worry new, toxic "synthetic" street drugs could derail the recovery.

Brian Mann · April 14, 2026 01:03 PM EDT



AP apnews.com

Weapons-grade chemical carfentanil surges as dangerous substitute for fentanyl



BY HALLIE GOLDEN AND JIM MUSTIAN
Published 11:57 PM EDT, April 17, 2026

Third: Other Important Parts of the Story



Race/Ethnicity 2023

	National Average (%)	Black (%)	Asian (%)	American Indian/Alaska Native (%)	Hispanic (%)	NH Multiracial (%)
Past Month Binge Alcohol Use (12+)	21.7	21.6	10.7	19.1	22.9	22.2
Past Month Heavy Alcohol Use (12+)	5.8	4.2	2.0	5.6	4.5	7.6
Past Year Illicit Drug Use (12+)	24.9	27.7	12.4	36.7	21.6	36.2
Past Year Marijuana Use (12+)	21.8	24.5	10.0	30.2	18.2	32.9
Past Year SUD (12+)	17.1	17.6	9.2	25.3	15.7	24.3
Suicidal Thinking Past Year (18+)	5.0	4.0	4.2	4.7	5.0	12.0

BLACK = national average
RED = ABOVE national average
BLUE = BELOW national average

<https://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-and-health/national-releases#highlights>

Sexual Minority* 2023

	Straight (%)	Bisexual (%)	Gay (%)	Lesbian (%)	Some Other Term (%)
Binge Alcohol Use Past Month (12+)	22.5	24.4	28.4	25.5	19.9
Illicit Drug Use Past Month (12+)	16.1	35.8	33.9	28.7	26.3
Marijuana Use Past Month (12+)	14.8	32.6	27.1	27.8	23.2
Opioid Misuse Past Month (12+)	0.8	1.7	0.7	0.3	1.8
SUD Past Year (12+)	16.6	28.9	32.2	24.7	30.3
Suicidal Thoughts Past Year (18+)	4.1	16.7	8.1	11.7	16.7

RED = higher than national average

BLUE = Lower than national average

* Defined by SAMHSA as people who identify as lesbian, gay, or bisexual:
NSDUH began collecting data on this specific population in 2015

Women vs. Men...

- Women tend to initiate substance use later than men
- Women have accelerated course of disorder → “telescoping” (alcohol, marijuana, cocaine, prescription opioids)
- Women with SUDs → more severe impairment in employment, social/family, medical and psychiatric functioning
- Women have **LOWER** rates (2023) than men for binge drinking, illicit drug use, cannabis/opioid use, SUD
- Women have **HIGHER** rates (2023) than men for MDE, any mental illness, receipt of MH services

Let's Look at a Study...

- Question: Does Marijuana use cause psychosis?

Schizophrenia Bulletin vol. 42 no. 5 pp. 1262–1269, 2016
doi:10.1093/schbul/sbw003
Advance Access publication February 15, 2016

Meta-analysis of the Association Between the Level of Cannabis Use and Risk of Psychosis

Arianna Marconi¹, Marta Di Forti¹, Cathryn M. Lewis², Robin M. Murray¹, and Evangelos Vassos^{*,2}

¹Department of Psychosis Studies, King's College London, Institute of Psychiatry Psychology & Neuroscience, London, UK; ²King's College London, Institute of Psychiatry Psychology & Neuroscience, MRC SGDP Centre, London, UK

*To whom correspondence should be addressed; King's College London, Institute of Psychiatry Psychology & Neuroscience, MRC SGDP Centre, Box P082, De Crespigny Park, London SE5 8AF, UK; tel: +44-20-7848-5433, fax: +44-20-7848-0866, e-mail: evangelos.vassos@kcl.ac.uk

What Is This Study?

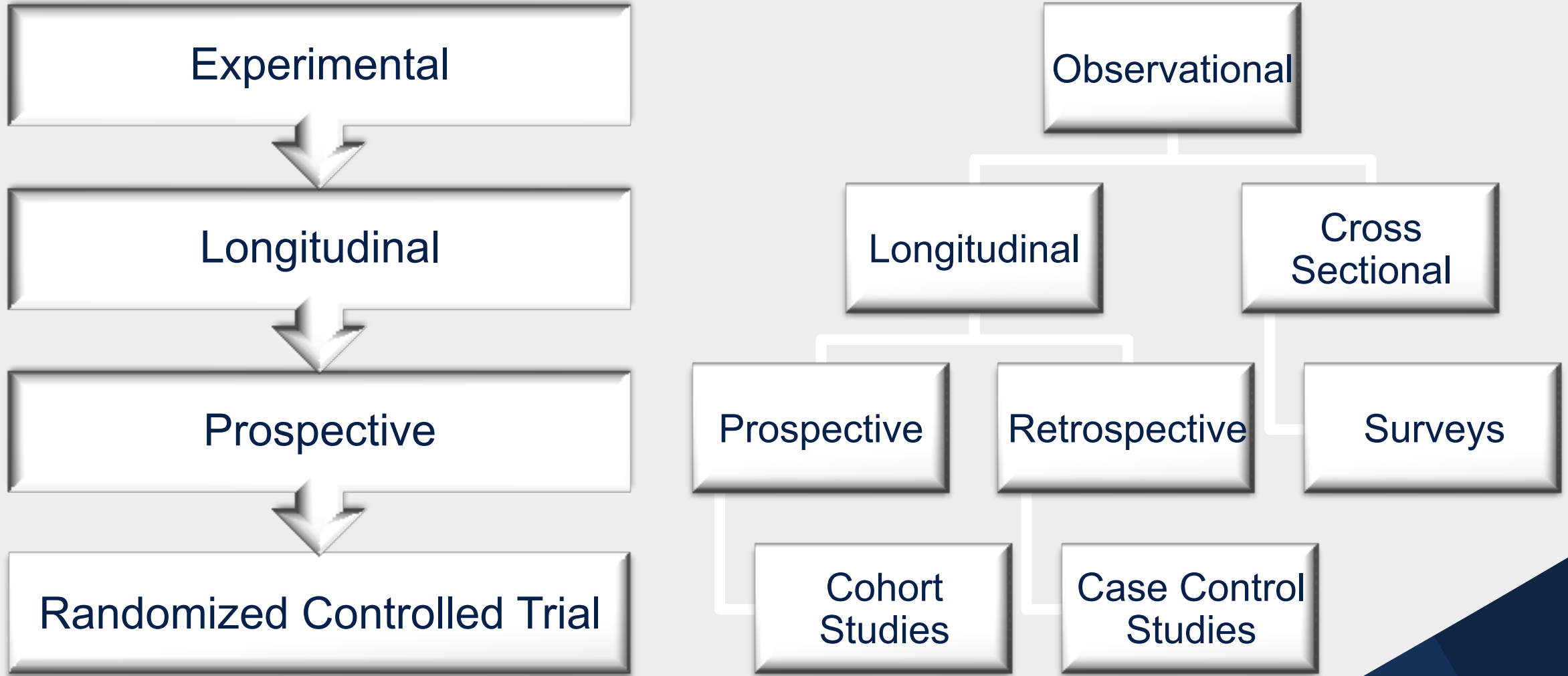
- Performed a systematic review and a meta-analysis
- Included: provided data on cannabis consumption prior to the onset of psychosis
 - 18 for systematic review and 10 for meta-analysis (66,816 individuals)
 - Continuous variable → amount of exposure
 - Cohort and cross-sectional studies included
- Findings:
 - Odds ratio 3.90 (95% confidence interval 2.84 to 5.34) for risk of schizophrenia and other psychosis-related outcomes among the heaviest cannabis users compared to non-users

What can we say about this study?

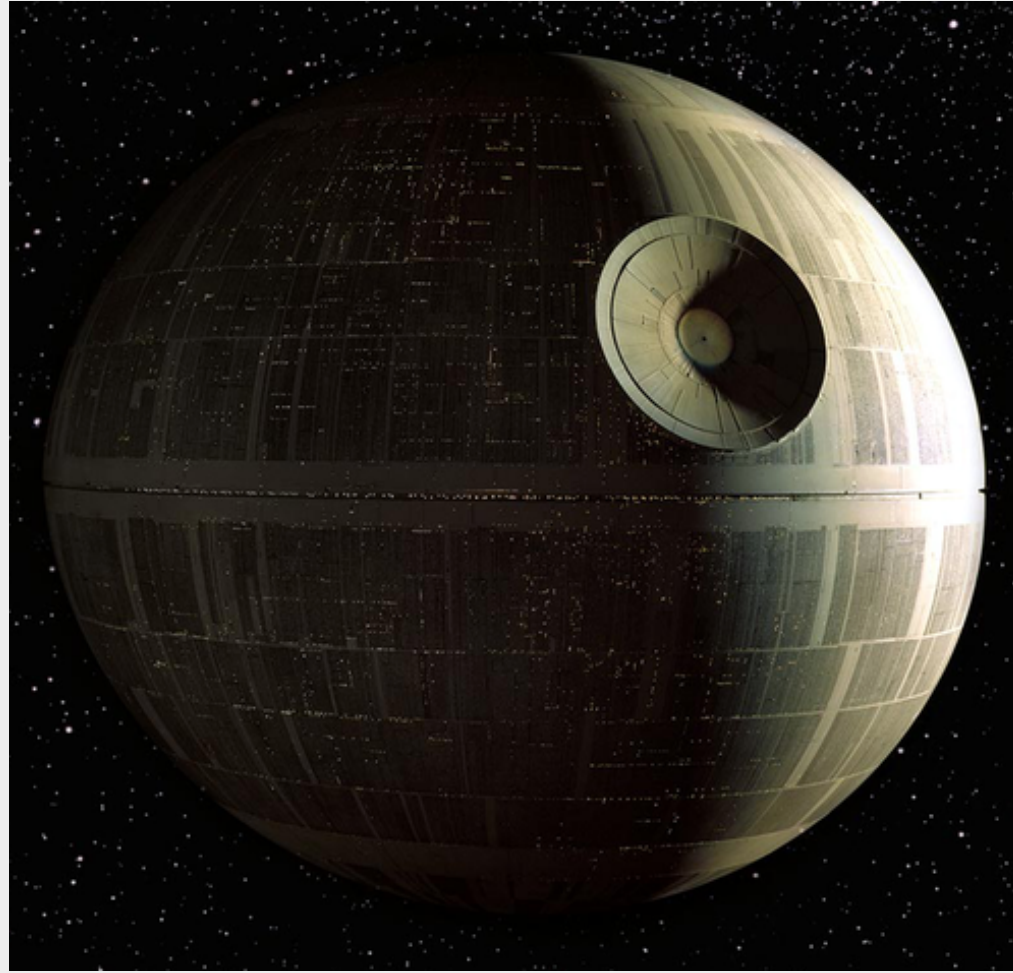
1) Quality of evidence, based on study design.



Types of Studies



Quantifying Risk...



Quantifying Risk...

		Disease	
		⊕	⊖
Risk factor or intervention	⊕	a	b
	⊖	c	d

$$AR = \frac{a}{a+b} - \frac{c}{c+d}$$

$$NNH = 1/AR$$

$$OR = \frac{a/c}{b/d} = \frac{ad}{bc}$$

$$RR = \frac{a/(a+b)}{c/(c+d)}$$

$$ARR = \frac{c}{c+d} - \frac{a}{a+b}$$

$$NNT = 1/ARR$$

Odds Ratio--more

- What is an odds ratio? **Ratio of Odds**
- Higher the Odds Ratio, stronger the association between the exposure and the outcome appears to be
- If Odds Ratio is 1, then that means that the ratio of the odds shows NO ASSOCIATION between the exposure and the outcome
- $$\frac{(\text{those with disease who were exposed} / \text{those with disease not exposed})}{(\text{those without disease exposed} / \text{those without disease not exposed})}$$

Odds Ratio—An Example

- Imagine: relationship between getting breast cancer and driving an American car vs. not
 - If no correlation between these two, then the ratio of those with disease who drove American cars/those with disease who didn't would be likely close to 1, and ratio of those without disease who drove American cars/those without disease who did not drive American cars would also be close to 1, and the ratio of those two would be one = no relationship

Back To The Cannabis Paper...

2) An ASSOCIATION Was Found

- Odds ratio 3.90 (95% confidence interval 2.84 to 5.34) for risk of schizophrenia and other psychosis-related outcomes among the heaviest cannabis users compared to non-users
 - Dose-response effect seen such that increasing exposure to cannabis increases risk of psychosis-related outcomes

What about Confidence Interval?

- (95% confidence interval 2.84 to 5.34)
 - This is the range of values within which the true mean of the population is expected to fall, with a specified probability
 - Probability: 95% CI basically corresponds to $p=0.05$
 - If this includes 1, for odds ratio or relative risk, null hypothesis is NOT rejected (no significant difference)

Oh No, Not the “Null Hypothesis”!!!



Oh No, Not the “Null Hypothesis”!!!

		Reality	
		H_1	H_0
Study results support:	H_1	Power (1 - β)	α Type I error
	H_0	β Type II error	Correct

Oh No, Not the “Null Hypothesis”!!!

Stating that there is not an effect when one does exist:
False negative error

		Reality	
		H_1	H_0
Study results support:	H_1	Power ($1 - \beta$)	α Type I error
	H_0	β Type II error	Correct

Stating that there is an effect when none exists:
False positive error

2) An Association Was Found

- Does this mean that cannabis CAUSES psychosis, based on this paper?

Why the heck is his urine toxicology screen negative?

Question:

Patient's ED urine drug screen came back negative for opiates, so he must not have used the methadone he claims to be taking?

Sensitivity vs. Specificity

		Disease		
		⊕	⊖	
Test	⊕	TP	FP	PPV = $TP / (TP + FP)$
	⊖	FN	TN	NPV = $TN / (TN + FN)$
		Sensitivity = $TP / (TP + FN)$		Specificity = $TN / (TN + FP)$

High sensitivity screen for opiates (those metabolized to morphine), but low sensitivity for synthetic opioids (methadone)

What We've Done

- Briefly reviewed scope of epidemiology covered on ABPM exam
- Examined trends in addictions and explored ways to find that data for future professional or personal use
- Followed two common questions in addiction medicine as a springboard for reviewing key concepts in epidemiology

Whew!....



3 CME Questions

A cross sectional survey is conducted to assess how many people at a given time in a particular population have moderate amphetamine use disorder. The survey has not been previously conducted. The total population is 50,000, and the survey reveals that 5,000 people report meeting criteria consistent with moderate amphetamine use disorder. What is the incidence of moderate amphetamine use disorder in this population?

- A. 10,000
- B. 45,000
- C. 0.5
- D. Incidence cannot be calculated from single cross-sectional surveys

Which of the following is TRUE regarding epidemiologic trends in addictive disorders?

- A. Tobacco use has had an overall incline from 2002 to 2019, in large part due to the spike in use of e-cigarettes (especially among younger Americans)
- B. Prescription opioid use has modestly increased from 2018-2019 (heroin and prescription pain relievers)
- C. Despite **decreases** in opioid use in the years leading up to 2025, substance related overdose deaths INCREASED, but since 2025 there has been a DECREASE in overdose deaths nationwide, with regional variations
- D. Substance related overdose deaths have increased largely because of the increase in serious mental illness and alcohol use

A case control study finds an odds ratio of 5.5 (95% CI 0.5 to 7.5) regarding the association between an exposure and development of a condition. Which is true regarding the above comment?

- A. The odds ratio of 5.5 reflects a strong association between the exposure and the development of the condition
- B. The high odds ratio here conclusively means that the exposure causes the development of the condition
- C. The 95% confidence interval crosses 1, meaning there is an intolerable risk that the perceived relationship (OR 5.5) is due to chance—a type 1 error (no effect/relationship exists)
- D. Since case control studies generally “look forward” (i.e. are prospective), this study is likely to have a low chance of asserting a Type II (Beta) error.

A toxicology test for xylazine is found to be 100% sensitive and 80% specific. Based on these findings, this test would function best as:

- A. A screening test
- B. A confirmatory test
- C. Neither a confirmatory nor a screening test
- D. Both a screening and confirmatory test

Of the following types of studies, which is considered to be of the “highest quality” (if done properly and ethically):

- A. Double Blind Placebo Controlled Trial
- B. Cohort Study
- C. Case Control Study
- D. Systematic Reviews and Meta Analyses



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