

Missed Dose Methadone Calculator (Scan QR Code to download)



Instructions

1. Scan the **QR code** using your phone
2. Copy the **browser link**
3. Send the **link to your email**
4. Open the email on a **device with Excel capabilities**
5. Click the link-- it will bring you to a **QR code website**
6. Click "**Skip**" just beneath "You successfully scanned QR code"
7. **Excel file will download**

With Daily Illicit Opioid Use		Without Daily Illicit Opioid Use	
<p>Missed 1-4 days</p> <ul style="list-style-type: none"> No dose adjustment <p>Missed 5 or more days Methadone < 60mg</p> <ul style="list-style-type: none"> No dose adjustment <p>Methadone ≥ 60mg*</p> <ul style="list-style-type: none"> Decrease by 5mg daily for each day missed after 4 days Don't drop below 40mg 	<p>Titrating back to Therapeutic Dose</p> <p><i>Dose decreased by ≤50mg</i></p> <ul style="list-style-type: none"> Increase by 10mg daily until back to original dose <p><i>Dose decreased by > 50mg</i></p> <ul style="list-style-type: none"> See Provider 	<p>Missed 1-4 days</p> <ul style="list-style-type: none"> No dose adjustment <p>Missed 5 or more days Methadone < 60mg</p> <ul style="list-style-type: none"> No dose adjustment <p>Methadone ≥ 60mg*</p> <ul style="list-style-type: none"> 5 days: decrease by 20% 6-7 days: decrease by 50% 8 or more days: restart 40mg 	<p>Titrating back to Therapeutic Dose</p> <p>See Provider</p>

*titrate back to therapeutic dose quickly

Indications for Split Dosing

1. Pregnancy: especially 2nd or 3rd trimester; may continue in postpartum period
2. Chronic Pain: if unmanaged by BID dosing, consider coordinating with PCP or specialist for PRN oxycodone
3. Rapid Metabolism: does not have to be confirmed with peak/trough
 - a. Can be related to drug use (e.g. stimulants) or increased activity (labor work) or summer sweats
4. Increasing Methadone Dose Indefinitely: long trajectory of increased dosing with end-of-day w/d symptoms
5. Other Adverse Effects of Methadone: e.g. sweating, GI discomfort, bradycardia, concern for sedation

Direct-to-Inject Buprenorphine from Methadone: MGH Protocol

Basal Methadone ≥ 80mg

Basal Methadone < 80mg

Day	Methadone	Buprenorphine	Non-opioid
-1	Full dose	SL bup 0.5mg BID	
0	Full dose	SL bup 0.5mg QID	
1	Full dose	SC bup 8mg	clonidine 0.1mg TID PRN + clonazepam 1mg qhs or gabapentin 600mg TID
2	Full dose	SC bup 16mg	Clonidine 0.1mg TID PRN
3		SC bup 128mg or 300mg (prefer latter)	

Day	Methadone	Buprenorphine	Non-opioid
1	Full dose	SC bup 8mg	clonidine 0.1mg TID PRN + clonazepam 1mg qhs or gabapentin 600mg TID
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3		SC bup 128mg or 300mg	